



Every **2** minutes, someone in the U.S. is sexually assaulted

Each year, there are about **213,000** victims of sexual assault



60% of sexual assaults are not reported to police
15 of **16** rapists will never spend a day in jail

Rape Awareness / Prevention Class

A One Day (6 hour) training course focused on enhancing basic abilities in positional awareness and reactive responses to hostile situations/threats.

This is a FEMALE only class, for ages 16 and up, the class will rely on a "KISS" approach; students will practice verbal and physical techniques in prevention, awareness and self-defense. There is lecture, group discussion, hands on exercises and simulation training. This course is specifically designed to instill confidence and build skills developed with emphasis set on real situations.

Pre-requisite: Female, 16 or above.

The following topics will be covered:

- Fundamental basic safety
- Fundamentals of awareness
- Natural reactions
- Mental conditioning
- Developing tactical awareness
- Threat assessment
- Methodology of threat distance
- Induced stressed environments
- Action vs. Reaction
- Basic defense skills
- Location awareness for:
- Car-Threat assessment
- Home- Threat analysis
- Work – Threat management
- Tactical skills/Learned skills
- Time importance

Course duration: 1 day (6 hours)

Course student limit: 10

Student requirements: Appropriate attire (there will be movement and defensive exercise) bring your normal carry purse, your normal carry chemical irritant if any, sneakers or soft sole shoes. Water and hair bands/tie if you have long hair.

Optional – N/A (NO HANDGUNS!)

Recommended equipment: See above

Ammunition requirements: N/A

Course tuition: \$125.00

An infographic with a purple border and the text "just the FACTS". It contains four statistics: "1 in 4 women are sexually assaulted in their lifetime", "82% of all sexual assaults are by people who know the victim", "less than 5% of college students who are sexually assaulted report the crime to the police", and "40% of sexual assaults take place in the victim's own home". A small note at the bottom says "*statistics from UNC Dean of Students website".

just the
FACTS

1ⁱⁿ**4** women are sexually assaulted in their lifetime

82% of all sexual assaults are by people who know the victim

less than **5%** of college students who are sexually assaulted report the crime to the police

40% of sexual assaults take place in the victim's own home

*statistics from UNC Dean of Students website